

Text: *Matthew 10:38-39*

What Happened to Human Happiness?

- God's _____.
- Chaos invaded _____.

How Is Human Happiness Restored?

- We broke the Law. God _____.
- God's terms seem _____.
- Jesus was facing the world's worst so we could experience _____.

Happiness through Losing

- Take up _____.
- _____.

Life Enrichment

What about today's teaching challenged, disturbed, or encouraged you?

- What makes you most happy? Why?
- Where are people trying to find happiness? Why does it almost always disappoint?
- How devastating do you think Adam and Eve's failure in Genesis chapter three was?
- What unthinkable consequences came after Adam and Eve's sin? How do those consequences continue to affect our lives today?
- How has God chosen to restore us to friendship with Him? Why do you think He has chosen those terms?
- What do you consider the worst part of Christ's sacrifice? How does that allow you to experience God's best?
- Why do you think we struggle with the idea that happiness comes through sacrifice and selflessness? How can we change our minds?
- What are some ways we can "take up the cross" this week? How can we lose ourselves for the sake of Christ this week?