

Christian Consistency: Devotion

February 2, 2025

Text: *Psalm 1:1-2; Psalm 119:97-104*

Christian Meditation

- Christian meditation _____.
- Christian meditation helps us to _____.
- Christian meditation is _____.

Confession

- Invite the Spirit's _____.
- Confession begins with our _____.
- Confession of _____.

Adoration

- _____ of adoration.
- Adoration is more than an _____.

Life Enrichment

What about today's teaching challenged, disturbed, or encouraged you?

- How are our devotional practice and photography alike? What are some ways we can allow the light of Christ to leave its image on our personalities?
- What are the differences between Christian meditation and all other forms of meditation? Why are the differences significant?
- Why do you think the Bible stresses our need to hear what God is saying? What role does Christian meditation play in our ability to hear the Spirit's voice?
- Why do you think the Bible stresses the importance of God's word, repentance, obedience, and faithfulness as key aspects of Christian meditation?
- How might Christian meditation lead us to confession of sin? Why would we want to invite the Spirit to expose our sins (Ps 139:23-24)?
- Reflect on Psalm 66:18, Proverbs 28:13, Romans 3:9-20, and 1 John 1:9. What are the essential elements to confession?
- How does confession lead naturally to adoration? Why do you think Western Christianity tends to downplay the role of emotions like delight in our expressions of adoration?
- How can we engage our whole person in adoration?
- What is your plan to strengthen your devotional practice this week?