

Training for Godliness

January 15, 2023

Text: 1 Timothy 4:1-10, NIV

Keeping the Goal in Mind

- Godliness is moving from _____ living to _____ living.
- Godliness is _____.

Two Essential Training Indicators

- A _____ conscience.
- _____ discernment.

Training Exercises

- Consistently _____.
- Consistently _____.

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Life Enrichment

What did you find most helpful, most challenging, or most troubling about today's teaching?
Why?

- What do you find most difficult about getting in shape? Why is it such a struggle?
- When you hear the phrase "The fear of the Lord," what comes to mind?
- What is the fear of the Lord and why is it an important goal of our spiritual training?
- What does the fear of the Lord look like in daily living?
- How does the world attempt to numb our consciences? How are we tempted to participate in cauterizing our consciences?
- Why do we need to be discerning, especially in the Church?
- How are you planning to improve your spiritual diet?
- What are your plans to get moving spiritually?