

## **The Resurrection is Turning Sorrow into Joy**

*April 17, 2022*

**Text:** *Psalm 30:11-12; John 16:16-24*

### **The Frustration of Sorrow's Riddle**

- The cycle of sorrow's \_\_\_\_\_.
- Sorrow's frustration elicits a \_\_\_\_\_.

### **The Transition from Grief to Joy**

- The transition from grief to joy follows a \_\_\_\_\_.
- The transition from grief to joy is like \_\_\_\_\_.

### **Sources of Joy in the Current Age**

- \_\_\_\_\_ is the primary source of joy.
- Joy also resides in \_\_\_\_\_.
- Present joy flows from \_\_\_\_\_.

## **Life Enrichment**

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What about today's teaching challenged, disturbed, or encouraged you?

- What is one of your favorite riddles? Why is it a favorite?
- Why are suffering and sorrow riddles? Can they be solved? Why or why not?
- What is the most significant hardship or trial you've recently experienced? What emotions did it evoke? How did you try to solve its riddle?
- How does suffering make the joy we experience sweeter?
- Why do you think Jesus likens our current tribulations to childbirth (Jn 16:21)?
- How do the following scriptures help you put adversity into perspective – James 1:2-4; Hebrews 12:1-3, 7; 2 Corinthians 4:16-18?
- What are the sources of Jesus' joy in this current age? How can we rely on them to help us maintain joy regardless of our circumstances?
- Read Revelation 21:4. How does knowing the ultimate outcome of a believer's life help us maintain joy in this present evil age?