

Relationships, Stress, and the Sadness that Restores

August 23, 2020

Text – 2 Corinthians 7:2-16

Relationships with a Clear Conscience

- Do no _____.
- _____ no one.
- _____ no one.
- _____ no one.
- _____.

The Reality of Stress

- Severe _____.
- We need a _____ understanding of Scripture.

The Sadness that Brings Restoration

- _____ sadness.
- _____ sadness.

Life Enrichment

What about today's sermon challenged, disturbed, or encouraged you?

- What does an ideal childhood, marriage, etc. look like? How often do people attain those ideals?
- Why do you think the Apostle Paul insists on having a clear conscience in the way he relates to others?
- How are relationships impacted when people don't hold a clear conscience in the way Paul suggests?
- Where do you think the image of a stress free, anxiety free Christian life comes from? Why is it important to balance Paul's statements like "Do not be anxious about anything" (Phil 4:6) with his daily experience (2 Cor 7:5)?
- How does knowing that Paul struggled with depression and anxiety help us?
- What are the differences between worldly sorrow and godly sorrow?
- How does worldly sorrow affect relationships? How does godly sorrow affect relationships? How can we more readily embrace godly sorrow?