

Metanoia: Turning and Returning to Jesus

January 5, 2020

Text: Matthew 4:12-22; Revelation 2:3-5

The Two Versions of *Metanoia*

- *Metanoia* 1.0 – _____ toward God.
- *Metanoia* 2.0 – any _____ to God.

How Do We End Up Needing *Metanoia* 2.0 and How Do We Recover?

- The _____ us to *Metanoia* 2.0.
- There is a process of _____.

The Three-Part Process of Implementing *Metanoia*

- We need to _____ about repentance.
- We need to situate ourselves for _____.
- We need to _____ the rhythms of relationship.

Life Enrichment

What about today's sermon challenged, disturbed, or encouraged you?

- When did you leave home to be on your own for the first time? How different was life on your own versus life at home?
- Before this morning's sermon, did you view repentance as: compensating God for the wrong you did (penance)? An experience centered in guilt and shame? A primarily emotional experience (i.e., an emotional purge of shame)? Turning from self toward Christ?
- In your own words, what is *metanoia*?
- How is *Metanoia* 1.0 different from *Metanoia* 2.0? Does it matter? Why?
- Why might Christians need *Metanoia* 2.0? What process brings us to that point?
- What steps can we take to develop a more positive view of repentance?
- Why do you think the American church has largely forsaken encounter? How does encountering Christ help us tune our lives to His?
- List some ways that you plan on situating yourself to encounter Jesus this week.