

## **Successfully Running the Christian Race**

---

November 17, 2019

**Text:** *Hebrews 12:1-3*

### **Drawing Inspiration from Those Who have Already Crossed the Finish Line**

- They testify to the inevitable success of \_\_\_\_\_.
- They assure us that the life of faith is \_\_\_\_\_.
- They help us know that we do not \_\_\_\_\_.

### **Removing Anything that Impedes Our Progress**

- What is \_\_\_\_\_ from Christian living?
- What is \_\_\_\_\_?

### **Concentrating Our Attention on Jesus**

- Looking to \_\_\_\_\_ is looking away from \_\_\_\_\_.
- Jesus is the \_\_\_\_\_ of our faith.
- Only Jesus can \_\_\_\_\_ in this life of faith.

## **Life Enrichment**

---

What about today's sermon challenged, disturbed, or encouraged you?

- Has anyone in your Life Group ever run long distance? What is their training regimen? How did it change their life and habits?
- In your life, who is the person (Bible character, friend, family member, etc.) that inspires you to Christian endurance?
- Why is inspiration so important to successfully running the Christian race? In addition to Bible characters and family members, how might we draw inspiration from each other?
- What are some of the typical distractions that stand in the way of making progress on our journey? Which one do you struggle with the most? Why?
- Which of your current circumstances has the most potential to weigh you down or make the Christian race more difficult? How would "looking to Jesus" help?
- How can we concentrate our attention on Jesus? How can we help each other stay focused on Him?
- What can Jesus do for us in this endurance race that no one else can? How do we connect to and receive His support?
- What are some simple ways we can encourage each other to endure this week? How are we going to implement those ideas?