

Life in the Spirit: The Effort of Holiness

May 6, 2018

Text: Philippians 2:12-13; 1 Timothy 4:6-10

Working at Spiritual Development (Php. 2:12-13)

- Take _____ for your spiritual development.
- This is not _____ salvation.
- God provides _____ for the effort.

Training for True Holiness (1 Tim. 4:6-10)

- Training requires _____.
- Training requires _____.

What Actions Should We Take?

- Start with nutrition – _____ (Gal. 5:13-26; Eph. 4:17-6:9; Col. 3; 1 Thess. 4:1-12; Titus 2).
- Move on to prayer, _____ (Mark 1:35; 6:32; Luke 4:42).
- Add fasting, _____ (Isa. 58).

Life Enrichment

What about today's sermon challenged, disturbed, or encouraged you?

- What has God provided to help you live a genuinely holy life?
- Who is ultimately responsible for your spiritual development? Why is it important to recognize this?
- In Christian spiritual development, how is effort different than earning?
- Why is proper nourishment important to our spiritual training?
- When it comes to spiritual nourishment, what should we avoid? What should we enjoy without guilt?
- How would you characterize the journey of most Christians – just hanging out with Jesus; letting God do all the work; religious duty; or, strict training? Why?
- Which spiritual disciplines need to be a part of a beginner's training?
- How might disciplines like fasting, solitude, and generosity help us to combat the prevailing ideas of our sinful society?
- Which discipline(s) might help you improve your training regimen? Why?